



**God's
Medicine
and Your
Health**

PART 1

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GOD’S MEDICINE AND YOUR HEALTH—PART 1

Medical science tells us there are many incurable diseases, such as some forms of cancer, arthritis, heart disease, and AIDS, just to name a few. Even though there are no known medical cures for many diseases, God’s Word is a supernatural cure and offers supernatural hope to all who are afflicted.

The Bible is the Manufacturer’s handbook revealing how to take care of what God has made. In the book of Proverbs, God reveals some vital information concerning your health and well being:

My son, attend to my words; incline thine ear unto my sayings. Let them not depart from thine eyes; keep them in the midst of thine heart. For they are life unto those that find them, and health to all their flesh. (Proverbs 4:20-22)

What you believe generally determines what happens to you in life. Your words are building blocks that determine your life and future. Your words set the cornerstones of your life, and you live within the confines of that boundary you create with your own words. Situations, circumstances, and conditions are all subject to change, but with the support of your words you can establish them in your life forever.

The following article, titled “Patient Knows Best,” appeared in the August 1991 issue of *The Readers Digest*:

A persons’ answer to the

question, 'Is your health excellent, good, fair or poor?' Is a remarkable predictor of who will live or die over the next four years according to new findings.

A study of more than 2800 men and women 65 and older found that those who rate their health 'poor' are four to five times more likely to die in the next four years than those who rate their health 'excellent'. This was the case even if the examinations show the respondents to be in comparable health.

These findings are supported by a review of five other large studies, totaling 23,000 people, which reached similar conclusions, according to Ellen Idler, a sociologist at Rutgers University, and epidemiologist Stanislav Kasl of Yale University School of Medicine, co-authors of the new study.

People who have an image of themselves being in poor health will talk about poor health. Even though they may be in good health, they seem to live out the reality of the image they have of themselves even unto death.

What you believe and speak not only affects your body *but your immune system as well*. Your words become either a blessing or a curse to you.

There is probably no other truth more important to healing and health than these verses admonishing us to keep God's Word in our hearts. This is

the basic principle of calling things that are not. This one principle could be the key to your being a partaker of God's provisions concerning your health.

Calling things that are not is the principle by which Abraham became fully persuaded. Paul said Abraham believed God, "*... who quickeneth the dead, and calleth those things which be not as though they were*" (Romans 4:17).

Paul was referring to Genesis chapter 17 where God changed Abram's name to Abraham, which meant "father of nations, or multitude." This was the means He used to teach Abraham to call into reality what he did not yet have in his possession. God had established it by promise, but Abraham had to call it into reality by mixing faith with God's Word (Hebrews 4:1-2).

Every time he said, "I am Abraham," he was calling things that were not yet manifest. Abraham didn't deny that he was old. He didn't go around saying, "I'm not old," because he was old. But he said, "I am Abraham" (Father of Nations). This was God's method of helping him change his image, and it caused him to be fully persuaded. Faith came by hearing what God said about him.

Just as Abraham, you also must call those things which are not yet seen in the natural, if you are to live in the reality of God's promise. For God uses unseen spiritual forces to overcome natural things. I Corinthians 1:27-28 says, "*God hath chosen ... things which*

are not, to bring to nought things that are.” Your part is to speak what is true according to God’s Word.

David said, *“I believe, therefore have I spoken...”* (Psalm 116:10). Quoting David, Paul wrote, *“We have the same spirit of faith, according as it is written, I believed, and therefore have I spoken; we also believe, and therefore speak”* (II Corinthians 4:13).

When it comes to divine healing this is a vital principle. For God’s Word is life, health, and medicine to all your flesh. Psalm 107:20 tells us that God, *“... sent his word, and healed them, and delivered them from their destructions.”* (Notice that God did not send His Word to heal, but He sent His Word and healed.)

The truth is that by Jesus’ stripes *“... ye were healed”* (I Peter 2:24). Your healing is a complete work as far as God’s Word is concerned. Yet you must be fully persuaded of it and call it into manifestation.

HEALING IS IN YOUR MOUTH

One way to administer God’s medicine to your body is to keep God’s Word in your mouth. Paul said, *“The Word is nigh you even in your mouth and then in your heart.”* But, instead of calling things that are not, most people make the mistake of calling things the way they are and by doing so they establish present circumstances.

Many years ago, I heard about a lady who had a fever continually for several months. Doctors couldn’t find anything wrong physically. They questioned her thoroughly and

discovered that when she got upset about anything, she would say, “that just burns me up.” She used that phrase several times a day.

The doctors were not sure if it had anything to do with her condition or not, but they asked her not to use the phrase anymore. Within weeks, her body temperature was normal.

Now let me ask you, how many times have you said, “Every time I eat that, it makes me sick... My back is just killing me... Those kids make me so nervous... I’m trying to take the flu...”? Your own words are giving instructions to your body and it will be greatly influenced by those words. It may even shut down your immune system.

God’s method is to call for health even though it is not yet a reality in your body. Speak to your body and call it the way God said in His Word: healed. This is a way to exercise your God-given authority over your body.

APPLY SPIRITUAL MEDICINE

To exercise your authority over your body, God’s Word must be allowed to become part of you. This process is called “receiving the engrafted Word.”

When you declare God’s promises concerning your healing, you are establishing God’s truth even though it is not yet a reality in your body. This is not denying that sickness exists. It is denying sickness the right to exist in your body.

Just as you would take medicine into your physical body to aid healing

by physical means, so you must receive God's Word concerning healing into your spirit for supernatural healing. Just as medical science aids healing through physical means by administering medicine into the physical body, God's medicine provides divine healing by administering the promises of His Word through the human spirit. God's Word can heal your body, but it does it through spiritual means.

Although it is a spiritual cure, God's Word is like any other medicine in that it must be applied on a regular basis. You apply God's Word to your individual circumstances or situation by the confession of your mouth. No one else can do it for you. James admonished us to "... *receive with meekness the engrafted word, which is able to save your souls*" (James 1:21). God's Word becomes engrafted into your heart as you speak it. It is first in your mouth, then in your heart ... this is God's order.

The r i g h t e o u s n e s s w h i c h i s of faith ... says... The word is nigh thee, even in thy mouth, and in thy heart... (Romans 10:6- 8, paraphrased). Nothing builds your faith more than declaring with your own voice what God has said about you in His Word.

When you declare God's promises concerning your healing, you are establishing God's truth even before it is a reality in your body. Let me say it again, this is not denying that sickness exists. It is denying sickness the right to exist in your body. It is taking your

rightful position as one who has been redeemed from the curse of the law and delivered from the authority of darkness (Galatians 3:13; Colossians 1:13).

Some people who have misunderstood this principle try to deny what exists. But there is no power in denying what exists. The power is in calling for healing and health, and you do that by mixing faith with God's Word.

If you are sick, you don't deny that you are sick. Then on the other hand, you don't want to always be confessing your sickness. Denying sickness will not make you well; yet, confessing sickness can establish you in your present circumstance and give you a mindset of fear.

Make a decision to mix faith with God's Word and call for God's promises to be manifest in your body. The mixing of your faith with God's Word will cause you to be fully persuaded. When you become fully persuaded, healing is the result.
MARANATHA!